

2023-24 MIAC Women's Hockey Regional and National Awards

2023-24 AHCA All-America

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
G	Katie McCoy	Gustavus	Sr.	Grafton, Wis. Cedarburg	First Team	2023 (2T)
D	Sophia Coltvet	Gustavus	Sr.	Arden Hills, Minn. Mounds View	Second Team	--
D	Elizabeth Valley	Hamline	Sr.	Forest Lake, Minn.	Second Team	--
F	Hailey Holland	Gustavus	Sr.	Aberdeen, S.D. Central	Second Team	2023 (2T)

2023-24 AII-USCHO

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
G	Katie McCoy	Gustavus	Sr.	Grafton, Wis. Cedarburg	Second Team	2023 (1T)
D	Sophia Coltvet	Gustavus	Sr.	Arden Hills, Minn. Mounds View	Third Team	--
F	Hailey Holland	Gustavus	Sr.	Aberdeen, S.D. Central	Third Team	--

2023-24 AHCA All-American Scholars

Pos.	Name	Institution	Class	Hometown High School	Previous Selections
D	Grace Bonnell	Augsburg	Fy.	Madison, Wis. Memorial	--
F	Emily Cronkhite	Augsburg	Jr.	Eagan, Minn.	2022 2023
D	Elizabeth Fagerlind	Augsburg	Jr.	Kasson, Minn. Kasson-Mantorville	2022 2023
F	Dorothy Kearney	Augsburg	Sr.	Hibbing, Minn.	2022 2023
F	Emily Schoeberl	Augsburg	So.	Eagan, Minn.	2023
F	Malia Schubert	Augsburg	So.	Mantorville, Minn. Kasson-Mantorville	2021 2022 2023
F	Kennedy Stein	Augsburg	Sr.	Lake Forest, Ill.	2021 2022 2023
D	Nora Stepan	Augsburg	So.	Apple Valley, Minn. Eastview	2023
D	Tenley Stewart	Augsburg	So.	Esko, Minn.	2023
G	Chloe Stockinger	Augsburg	Sr.	Sauk Rapids, Minn. Sauk Rapids-Rice	2023
F	Julianna Teske	Augsburg	Sr.	Warroad, Minn.	--
D	Kiley Wahlin	Augsburg	Jr.	Blaine, Minn. Totino-Grace	--
D	Sydney Eckert	Bethel	Jr.	Princeton, Minn.	2023
D	Dylan Grilz	Bethel	Jr.	Chisago City, Minn. Chisago Lakes	--
F	Julia Helget	Bethel	So.	Sleepy Eye, Minn. St. Mary's School	--

F	Megan Johnson	Bethel	Sr.	White Bear Lake, Minn. Mahtomedi	2023
F	Brynn Swenson	Bethel	Jr.	Apple Valley, Minn. Eastview	2023
D	Margot Bettman	Gustavus	So.	Chicago, Ill. Latin School of Chicago	2023
F	Avery Braunshaugen	Gustavus	Fy.	Lake Elmo, Minn. Stillwater	--
D	Sophia Coltvet	Gustavus	Sr.	Arden Hills, Minn. Mounds View	2023
F	Hannah Gray	Gustavus	Jr.	Stillwater, Minn.	2022 2023
F	Emma Heyer	Gustavus	Fy.	Shakopee, Minn.	--
F	Molly McHugh	Gustavus	Sr.	Minnetonka, Minn.	2023
F	Emily Olson	Gustavus	Sr.	Delano, Minn.	2020 2021 2022 2023
F	Brooke Power	Gustavus	Sr.	Lakeville, Minn. North	2021 2022 2023
D	Brooke Remington	Gustavus	Sr.	Scandia, Minn. Forest Lake	--
F	Kayla Woytcke	Gustavus	So.	Waconia, Minn. Holy Family Catholic	--
D	Elizabeth Valley	Hamline	Sr.	Forest Lake, Minn.	2023
F	Madi Fleming	St. Catherine	Sr.	Waconia, Minn. Minnetonka	--
F	Lauren Henriksen	St. Catherine	Sr.	Oakdale, Minn. Tartan	--
D	Samanta Lackmann	St. Catherine	Sr.	Farmington, Minn. North	--
D	Raechel Painovich	St. Catherine	So.	Hinckley, Minn. Hinckley-Finlayson	--
F	Abby PirkI	St. Catherine	Sr.	New Prague, Minn.	--
D	Maiah Robert	St. Catherine	Sr.	Shoreview, Minn. Mounds View	--
F	Josie VanKuyk	St. Catherine	Fy.	Albertville, Minn. St. Michael-Albertville	--
D	Emmie Verhaagh	St. Catherine	Sr.	Eau Claire, Wis. Memorial	--
F	Sarah Wangen	St. Catherine	Fy.	Austin, Minn.	--
F	Solvei Berg-Messerole	St. Olaf	So.	Minneapolis, Minn. Highland Park	--
F	Kate Carfagnini	St. Olaf	Jr.	Winnetka, Ill. Chicago Young Americans	--
F	Andi Huselid	St. Olaf	Fy.	Elk River, Minn.	--
D	Grace Lankas	St. Olaf	Jr.	Lakeville, Minn. Apple Valley	2022 2023
F	Mandy Moran	St. Olaf	Jr.	Lakeville, Minn. Apple Valley	2023
D	Paige Blattner	St. Scholastica	So.	Avon, Minn. River Lakes	--
F	Allie Bussey	St. Scholastica	Gr.	Hibbing, Minn.	2023

G	Makenzie Cole	St. Scholastica	So.	Cohasset, Minn. Grand Rapids	--
D	Bailey Coole	St. Scholastica	Fy.	Duluth, Minn. East	--
D	Lisa LaRoche	St. Scholastica	Sr.	Minnetonka, Minn.	--
D	Lizzie Northquest	St. Scholastica	Sr.	Blaine, Minn. Spring Lake Park	2023
D	Sara Parent	St. Scholastica	Sr.	Otsego, Minn. Rogers	2023
F	Lyndi Schubert	St. Scholastica	So.	Mantorville, Minn. Kasson-Mantorville	2023

2023-24 CSC Academic All-America At-Large

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
D	Sophia Coltvet	Gustavus	Sr.	Arden Hills, Minn. Mounds View	Third Team	--

2023-24 CSC Academic All-District At-Large

Pos.	Name	Institution	Class	Hometown High School	Previous Selections
F	Emily Cronkhite	Augsburg	Jr.	Eagan, Minn.	2023
F	Sydney Rydel	Augsburg	Sr.	Forest Lake, Minn.	--
F	Kennedy Stein	Augsburg	Sr.	Lake Forest, Ill.	--
F	Ellie Brewer	Concordia	Sr.	Nederland, Colo.	2023
F	Jerica Frieze	Concordia	Sr.	Argusville, N.D. Fargo Shanley	2023
D	Paige Hanson	Concordia	Sr.	Fargo, N.D. Davies	--
F	Livia Hoff	Concordia	So.	Silver Bay, Minn. William Kelley	--
D	Sophia Coltvet	Gustavus	Sr.	Arden Hills, Minn. Mounds View	--
G	Katie McCoy	Gustavus	Sr.	Grafton, Wis. Cedarburg	2023
F	Brooke Power	Gustavus	Sr.	Lakeville, Minn. North	--
D	Elizabeth Valley	Hamline	Sr.	Forest Lake, Minn.	--
F	Abby PirkI	St. Catherine	Sr.	New Prague, Minn.	--
F	Jenna Kurkowski	Saint Mary's	Jr.	North Branch, Minn.	--
F	Teagan Phillips	Saint Mary's	So.	Oregon, Wis.	--
F	Sidney Polzin	Saint Mary's	Jr.	Chippewa Falls, Wis.	2023
G	Celeste Rimstad	Saint Mary's	So.	Richfield, Minn. Holy Angels	--
F	Allie Urlaub	Saint Mary's	Jr.	Burnsville, Minn.	2023

F	Solvei Berg-Messerole	St. Olaf	So.	Minneapolis, Minn. Highland Park	--
D	Grace Lankas	St. Olaf	Jr.	Lakeville, Minn. Apple Valley	2023